

Cincinnati Taekwondo Center

2010 Winter Schedule

(Effective Monday, 1/04/10)

Little Tiger Classes

(Ages 3 1/2-6)

MON 12:30-1:00 pm
MON 1:15-1:45 pm
MON 5:15-5:45 pm
WED 10:00-10:30 am
WED 3:45-4:15 pm
WED 4:30-5:00 pm
WED 6:15-6:45 pm
THU 5:15-5:45 pm
SAT 10:00-10:30 am
SAT 10:45-11:15 am

Children's Classes

(Ages 7-12, white-blue belt)

MON 5:00-6:00 pm
TUE 4:00-5:00 pm
WED 6:00-7:00 pm
THU 4:00-5:00 pm
FRI 5:00-6:00 pm

Children's Classes

(Ages 7-12, green belt +)

MON 4:00-5:00 pm
TUE 5:00-6:00 pm
THU 5:00-6:00 pm
FRI 4:00-5:00 pm

Family Class

(Ages 7+, all levels)

SAT 11:15-12:15 am

Teen Classes

(Ages 11-16, white-brown)

MON 6:00-7:00 pm
WED 5:00-6:00 pm

Teen Classes

(Ages 11-16, red belt+)

TUE 6:00-7:00 pm
THU 6:00-7:00 pm

Adult Classes

(Ages 12+, all levels)

MON 9:00-10:15 am
MON 7:00-8:15 pm
WED 7:00-8:15 pm
THU 7:00-8:15 pm
FRI 9:00-10:15 am
SAT 9:00-10:00 am

Sparring Class

(All ages/levels, with gear)

MON 6:00-7:00 pm

BBC Classes

(Black belt club members)

TUE 6:00-7:00 pm
THU 6:00-7:00 pm

Black Belt Classes

(First gup and above)

TUE 7:00-8:15 pm
THU 7:00-8:15 pm

Kimoodo Class

(Separate program)

TUE 6:00-7:00 pm
THU 6:00-7:00 pm
FRI 10:20-11:20 am

Hapkido Class

(Separate program)

MON 9:00-10:15 am
FRI 9:00-10:15 am

Kumdo Class

(Separate program)

SAT 12:30-1:15 pm

New class and time

Cincinnati Taekwondo Center

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