



Cincinnati Taekwondo Center

2022 Fall Schedule

Effective 8/29/22

Little Tigers

(ages 4-6)

MON 6:15-6:45 pm
TUE 4:30-5:00 pm
WED 5:15-5:45 pm
FRI 5:15-5:45 pm
SAT 10:30-11:00 am

Advanced Tigers

(Instructor recommendation)

MON 5:00-6:00 pm

Children's Taekwondo

(white - orange belt)

(ages 7-12)

MON 5:00-6:00 pm
TUE 4:00-5:00 pm
WED 5:00-6:00 pm
THU 4:00-5:00 pm
FRI 5:00-6:00 pm

Children's Taekwondo

(blue - black belt rec.)

(ages 7-12)

MON 4:00-5:00 pm
TUE 5:00-6:00 pm
WED 4:00-5:00 pm
THU 5:00-6:00 pm
FRI 4:00-5:00 pm

Adult/Teen Taekwondo

(ages 13+)

MON 9:00-10:15 am
MON 7:00-8:15 pm
TUE 7:00-8:15 pm
WED 7:00-8:15 pm
THU 7:00-8:15 pm
FRI 9:00-10:15 am
SAT 9:00-10:00 am

Advanced Taekwondo

(red - black belt)

(ages 13+)

TUE 5:30-6:30 pm
THU 5:30-6:30 pm

Family Taekwondo

(ages 7+)

SAT 11:30-12:30 pm

Sparring

(all students w/ complete gear)

WED 6:00-7:00 pm

Hapkido

(ages 12+ green belt+)

TUE 6:30-7:15 beginner
TUE 7:15-8:00 int/adv
THU 6:30-7:15 beginner
THU 7:15-8:00 int/adv
SAT 9:30-10:30 all levels

Gumdo (Sword)

(ages 12+ green belt+)

THU 4:30-5:30 all level
SAT 10:00-11:15 all level

Kimoodo

(age 12+)

WED 7:00-8:00 pm
FRI 10:30-11:30 am

Striking Workout

(ages 16+)

(no experience req.)

MON 6:00-7:00 pm