



# Cincinnati Taekwondo Center

## 2023 Summer Schedule

Effective 5/30/23

### Little Tigers

(as of term 4, ages 4-6)

MON 6:15-6:45 pm  
TUE 4:30-5:00 pm  
WED 5:15-5:45 pm  
FRI 5:15-5:45 pm  
SAT 10:30-11:00 am  
SAT 11:15-11:45 am

### Advanced Tigers

(instructor rec.)

MON 5:00-6:00 pm

### Children's Taekwondo

(white - orange, ages 7-12)

MON 5:00-6:00 pm  
WED 4:00-5:00 pm  
FRI 5:00-6:00 pm

### Children's Taekwondo

(blue - black rec., ages 7-12)

MON 4:00-5:00 pm  
WED 5:00-6:00 pm  
FRI 4:00-5:00 pm

### Children's Taekwondo

(all levels, ages 7-12)

TUE 9:00-10:00 am  
TUE 4:30-5:30 pm  
THU 9:00-10:00 am  
THU 4:30-5:30 pm

### Adult/Teen Taekwondo

(all levels, ages 13+)

MON 9:00-10:15 am  
MON 7:00-8:15 pm  
TUE 7:00-8:15 pm  
WED 7:00-8:15 pm  
THU 7:00-8:15 pm  
FRI 9:00-10:15 am  
SAT 9:00-10:00 am

### Family Taekwondo

(all levels, ages 7+)

SAT 11:30-12:30 pm

### Advanced Taekwondo

(red - black belt,  
ages 13+)

TUE 5:30-6:30 pm  
THU 5:30-6:30 pm

### Sparring

(all students w/complete gear)

WED 6:00 - 7:00 pm

### Striking Workout

(no experience req., ages 16+)

MON 6:00 - 7:00 pm

### Hapkido

(all levels, ages 12+)

SAT 9:30-10:30 am

### Hapkido

(beginner, ages 12+)

TUE 6:30-7:15 pm  
THU 6:30-7:15 pm

### Hapkido

(int/adv, ages 12+)

TUE 7:15-8:00 pm  
THU 7:15-8:00 pm

### Gumdo

(all levels, ages 12+)

THU 4:30-5:30 pm  
SAT 10:00-11:15 am

### Kimoodo

(all levels, age 12+)

MON 10:30-11:30 am  
WED 7:00-8:00 pm  
FRI 10:30-11:30 am